



Dr. Nirdesh H J

**Orthopaedic Spine Surgeon
Specialist in Minimal invasive and
Endoscopic Spine Surgery**

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Dr. Nirdesh H J is Orthopedic Spine Surgeon specializing in advanced spine care, including trauma, degenerative conditions, disc herniation, & deformity correction. He focuses on precise diagnosis and minimally invasive, endoscopic, and technology-assisted spine surgeries to achieve faster recovery and improved mobility

**8+ years of
Excellence**

**3000+ Spine &
Ortho Surgeries
Performed**

**5000+ Happy
Patients**

